

Treating Dog Allergies with Local Honey

If environmental allergies are plaguing your dog, you may be able to help relieve their suffering by feeding local honey. If your dog is suffering from allergies caused by pollen or the change of seasons, then local wildflower honey may help.

Why local honey? Honey is made by bees as you know and it includes minute amounts of local pollens. The amounts are low enough that dogs (and humans) can ingest a small amount with no allergenic reaction. The effect is the same as an antibody or a vaccine, your body (or in this case you dog's) is exposed to a little at a time until they have built up a tolerance and the seasonal allergies are no longer a problem. By the way, this works for people also. The trick with the honey cure is to feed the correct type and amount of honey. It will not help to buy store bought honey made in another state or even another country, as it will have different pollens in it. You will get the best results from local honey wildflower honey. The suggested serving amount of honey for dogs is a quarter teaspoon of honey for every 20lbs of body weight. As for people, you can use the local honey just as you would any other type of honey.

Honey also has healing properties. You know how you might drink tea with honey for a sore throat? Honey has been used for centuries to heal cuts, ulcers, and more by both ingesting it or by applying it right to the cut or scrape. The antibacterial and anti-inflammatory qualities will help heal you or your pet both inside and out.